

What parents are saying:

How do you thank someone who has helped you create a functional life for your child and family. I am not really sure, but thank you Lynn from the bottom of my heart.

Jennifer B.

Nothing seemed to make a difference until I began RDI and adopted an RDI "lifestyle". I was finally able to build a bridge to access what they were thinking and feeling, so they can be active participants in our family. It brings me great joy to see them enjoy life and other people and experiences.

Christine T.

What professionals are saying:

Lynn's insight, as you would expect, was wonderful

RS

You truly have a gift for expressing how to work with life skills, students and I love your empathy for the kids and for the parents.

RY



LYNN HOULE THERAPY
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Services:

I provide consultation services to families seeking effective interventions.

Parents seeking assistance with unique challenges will find that programs reflect individual strengths, while targeting obstacles and delays.

Under this umbrella, I specialize in the development and implementation of comprehensive programs and collaborate with teams of professionals for the best outcomes.

Addressing a wide range of services that fit the individual needs of the child's Social Developmental Communication.

Parents will learn and develop strategies that facilitate their child's Developmental Communication, as well as, learning to understand a child's current level of development and where to start with appropriate levels of challenge.

Programs:

RDI program for families.

School Consultation (individuals & complete programs)

Educational presentations and workshops for: Schools (private and public), Medical and therapeutic communities, Emergency services, and an array of community groups.

Developmental Building Blocks to Language

Pivotal Communication Strategies for Better Outcomes

Minimizing Behaviors through Competence

Client List:

Medical and Therapeutic:

Harrison Hospital Pediatric Rehab
Harbor Children's Therapy
Sherie McGuffey, LMP Craniosacral Therapy
Christine Thompson, HANDLE screener

Educational:

Steele Creek Montessori program
Waldorf Schools
University Place School District
Bainbridge Island School District
North Kitsap School District
Washington State Client Service Contract

Private Individuals and families

lynn houle

Therapy

An individual's contribution to their own life, determines their quality of life. Developing and blooming, with spirits and talents intact, is the only path to reaching your personal best; regardless of age or capability.

Progress is always more important than cure; it is the process where all the magic lives.



Lynn Houle, BS
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Over the years, I have witnessed the struggle of families, and it is clear that if the family is not restored, therapy alone will not be an effective treatment.

I have devoted my professional energies in establishing a private practice committed to quality comprehensive therapy services.

In my quest for effective treatment, I sought an intervention with the greatest opportunity for lasting value. RDI (Relationship Development Intervention) is developmentally based and parent driven.

With the philosophy and guiding principles of RDI, I am able to provide parents with hands on tools that work into daily life, not only helping their child, but enriching the entire family.



It is my greatest sense of accomplishment to guide families to independence and competence, with their child as an active, participating member.

In addition to my background in Child Development, I have completed extensive specialty trainings in the field of Autism Spectrum Disorders (ASD), as well as a wide range of Developmental Delays.

These trainings include:

RDI Certified Program Consultant
ABA (For Board Certification)
PECs, Skinner's Verbal Behavior
PRT, Floortime, and TEACCH.

Making the Connection Building Bridges to Relationships

Making the Connection:

By our very nature we are drawn to communicate in ways that show affection, join in our community, and function as a society.

When our efforts at connecting are rejected or the recipient is uninterested or unaware as to how to reciprocate—we find ourselves adrift, and isolated.

When the connection has been disrupted or hasn't developed, it takes a choreographed effort to "reboot" the brain to process, integrate and internalize connections. These connections are then your foundation upon which to rebuild your relationship.

Making it Meaningful:

Intentional communication requires consent between partners. The purpose is to exchange information, thoughts, and ideas.

The intention can be of the simplest nature: a smile, a glance, shared laughter, are all communicated with intention, and received and understood by the consenting partner.

When the connection is made and understood, it makes our quality of life richer.

To make those re-connections meaningful for those that are unable to reconnect on their own, the process is choreographed for clarity, understanding, and integration.

Always a work in progress, it is a joy to have meaningful connections with our loved ones; communicating, being understood, and sharing .



Making it Social:

As adults, we can attest to the fact, that comfortable, appropriate, social behavior, is the most sophisticated and complex of human interactions.

The social landscape changes moment by moment, requiring thinking and evaluating to change our assessment of the meaning of interactions and groups simultaneously.

It isn't surprising with this thought in mind, that if our children are challenged with Developmental Delays, Autism, or a host of other obstacles, that it's not practical to start our communication attempts with social groups.

Practicing strategies at home with familiar people in familiar environments makes the most sense. This does not mean being isolated, but deferring the responsibility of socially communicating until all the foundations are in place.

Making it Adaptable:

Learning and practicing communication strategies, and developmental programs that have no support in the community are difficult and progress is slow.

Having community support, environmentally and socially, allows the child to practice with the parent their communication with consistency.

It is always optimal to have support and collaboration of other professionals in all the participating environments for the greatest understanding of the child's current level of development and needs for continued success.